Dear HABARI readers
Welcome to our 2019 January-March edition! Since this is our first edition in 2019, I believe you will enjoy reading and catching up with what transpired early this year.
Amref Health Africa is committed to bringing lasting health change in Africa, through its various interventions. In this quarterly issue we bring to you, our key events, testimonial stories and photo gallery highlights, from our various portfolios.
We are very proud of our endless partnership with Government of United Republic of Tanzania, donors, our stakeholders and our beneficiary communities. As we reflect on our work through 2018, I take this opportunity to extend our heartfelt gratitude to our partners for every support they have extended to us. BECAUSE OF YOU, We continue to learn; and in 2019 we are determined to keep our partnerships much stronger in our efforts to sustain lasting health change in Tanzania. Amref Health Africa is a strong believer of Universal Health Coverage, embracing Primary Health Care as an essential pillar for reaching out to everyone everywhere.
I wish you a happy reading. We highly value your feedback and we will be very privileged to learn from you on how we can improve our work.

Thank you for your continued support.

Dr. Florence Temu
Country Director

Lameck Mayayi is a school teacher at Guduwi Primary School in Bariadi District, Simiyu Region of Tanzania who was trained by Amref Health Africa’s Uzazi Uzima project on sexual and reproductive health and rights (SRHR). Some of the topics they were trained on included: puberty, menstrual cycle, prevention of teenage pregnancies, family planning, sexually transmitted infections. Ever since, he has been conveying the knowledge he has acquired to students at the school. “These project interventions have contributed to the reduction of teenage pregnancy incidences at our school, since the project was introduced to our school, our standard seven students have graduated without any of them being pregnant, while before the project was introduced to us, there were cases at a range of two to five students who got pregnant while still in school. The other result is that 70% of the girls at our school have passed grade 7 and will be going to secondary schools,” he says.

Training of school teachers on sexual and reproductive health and rights is one of the key activities of the four-year Uzazi Uzima project, a partnership among Amref Health Africa and Marie Stopes, with Deloitte as a service partner. The Government of Canada, through Global Affairs Canada, is supporting the project with $10.2 million.
Happiness is When Community Have an Access to Clean Water

There are 117 primary schools and 24 secondary schools in Handeni District in Tanga Region. At least 70% of primary and secondary schools in Handeni District have no reliable sources for water supply; 80% are without proper sanitation facilities and more than 90% of the schools lack hand washing facilities. The health burden due to lack of water, poor sanitation and hygiene is significant. Cholera and Typhoid is endemic in the areas and outbreaks are common. Girls reported 54% days of absence managing menstrual hygiene at home due to lack of water in school and improper toilet facilities (Source: Handeni District Profile). In 2018, Amref Health Africa in Tanzania, with financial support from Amref Health Africa in Germany, implemented a school water, sanitation and hygiene project in two-schools of Kwaluguru and Kwamatuku in Handeni District. The project aimed at contributing to improve school children’s health and right to education. Specifically, the project sought to increase access to equitable, safe and sustainable water for drinking; menstrual hygiene management and hand washing practices for children in schools at critical times. The project installed gravity water supply system, five kilometres from the main supply; constructed four-toilet block with 16-cubicles and installed six-hand washing facilities. “Our daughters used to miss many days of school during their menstrual periods due to the lack of water for washing and improper toilet for privacy” Mr. Wambura Kijiizi, a senior resident of Kwaluguru villager, with three children studying at Kwaluguru secondary school. “We are very grateful to have this project, 874 pupils (457 girls, 417 boys) are now enjoying their studies, our teaching environment has also improved drastically due to the availability of water and a proper toilet within the school compounds. Pupils used to escape classes to search for drinking water and decent toilet facilities during school hours. This year (2019) we are expecting good results our secondary level students (O level)”, said Mr. Yassin Mkono the Head Master of Kwamatuku Secondary School.

Leaving no one behind: water for all, Water in schools

Kenyamonta primary school was one of the primary schools in Serengeti District that had no safe water supply availed within their premises. Pupils had to bring water from home for drinking and for gardening. This was a challenge as water was not readily available even from their home vicinities. These forced students to rely on unprotected sources that exposed them to a number of health threats. Amref through its RAIN project funded by The Coca Cola Africa Foundation is implementing a project which focuses on leaving no one behind in accessing safe water. One of the areas it covers is availing safe water in primary schools. Among the beneficiaries of the project is a primary school in Kenyamonta village called Kenyamonta primary school. One water point was constructed to serve the school. This has helped to improve access to safe water at the school, and the pupils are no longer bringing water from their homes for drinking and gardening. Pupils are now happy, enjoying safe water whenever they need. “We are very much pleased with Amref work as now the Kenyamonta pupils are free from using water from unprotected water sources and this will evenly reduce contact to water related diseases” said ward executive officer.
“I am Happy to Save the Lives of Mothers and New-borns,” Says Odes

Odes Festo an E.N, and a volunteer at Harushimbo dispensary in Kasulu D.C. is one of the Nurse Midwifery graduates supported by More and Better Midwives for Rural Tanzania (MBM-RTz) project. She says “I am really happy in serving lives of mothers and newborns. I remember one incident when I had to assist a mother to deliver a baby who was tired; I managed to resuscitate the baby on my own by using the skills I had acquired from the Kisare College of Health Sciences. Three days after discharging the mother, the family came back to thank me for having saved the lives of the mother and child. Furthermore, the village Government also appreciated my work and because of this they are providing me with a monthly continuous allowance of 70,000-100,000 Tanzanian Shillings.”

The ultimate goal of MBM-RTz project is to improve the health and well-being of women and children in the Lake and Western zones of the United Republic of Tanzania (URT). More and Better Midwives for Rural Tanzania) Project is making significant contributions to ensuring that women and children in these areas have greater access to skilled midwifery. This project is supported by the Government of Canada through the Global Affairs Canada (GAC).

Ms Odes at the Dispensary

“The Knowledge that I have Acquired through H.S.A Project has Enabled me to Get Potential Funding Opportunities” Mustapha Isabuda Testifies

“Honestly, I am really grateful to Amref and to Health System Advocacy (HSA) project. After attending H.S.A Advocacy and various M&E Trainings, formulating advocacy activities and developing advocacy M&E has been a much smoother exercise. As a result I have applied this knowledge which has made us win new funding for our two advocacy proposals, one funded by UNWOMEN, and another by SIDA. Prior to the training most of the advocacy proposals I had written to funders were not successful, I believe this was due to the way I formulated the activities and the M&E framework. I used the regular indicators instead of milestones which are more appropriate for advocacy interventions”, Mustapha Isabuda from AGAPE, AIDS Control PROGRAMME, a CSO in Shinyanga DC.
The Africa Health Agenda International Conference 2019 (Africa Health 2019) in Kigali, Rwanda was that geared to be one of the largest health conferences in Africa, received over 1,800 participants. Africa Health 2019 conducted on 3-5 March, 2019 served as a platform to foster new ideas and home-grown solutions to the continent’s most pressing health challenges, with a focus on achieving universal health coverage (UHC) in Africa by 2030.

Health System Advocacy (H.S.A) Project conducted a Workshop in Dodoma in February to orient and Train civil society organizations from Shinyanga on Conducting Successful Advocacy Campaigns for Sexual Reproductive Health Rights. Health System Advocacy Partnership is a funded by the government of Netherlands, HSA Partners are working with civil society organisations in Kenya, Uganda, Zambia, Tanzania and Malawi in advocating for strengthened health systems that enable people to realise their right to the highest attainable sexual and reproductive health.

Amref Health Africa staffs in a group photo during the 2019 annual review meeting that was held at the Tanga Beach Hotel in Tanga. The Annual review meeting always gives opportunity to review achievement reached and to plan well for the current year 2019. The meeting was themed ‘Make it Happen, Align’ (with 2018-2022 Amref strategy), whereby the focus was on how best staff could well align various interventions and operations with Amref strategy.

Amref Health Africa supported the Zanzibar AIDS Commission to conduct media briefing for Journalists in Zanzibar. A total of 32 Unguja and 25 Pemba participants from different media houses, including print media and electronic media participated in the media brief training. The media briefing was aimed at building the capacity of journalists on advocacy issues for HIV prevention, care and treatment. The meeting took place on 14th and 15th February 2019 for Unguja and Pemba, respectively. Journalists were also taught on how to effectively report and write about HIV and AIDS/ SRH issues in communities through their media houses.
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From the Media

RC Shy: Mimba wanafunzi chanzo bodaboda, marufuku kwapakia
Nao wawanyoshea videole wengine

AFYA

Serikali inapokuwa inawamata watuhumwe waamba wamekuwa wakiwapatia ujuzito wa wanafunzi wakiwamo bodaboda.

From Sababu ongezeko maambukizi ya Vuri

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